

# NEMS-S Customization Information

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## Description of NEMS-S Customization

### Additions:

- Types of fruits/vegetables
- Canned and frozen fruits/vegetables
- “Meat alternatives” measure: Tofu, Legumes
- Oatmeal to cereal measure
- Grains measure, includes bread, tortillas, rice, pasta, flour
- Information center
- CHILE labeling

### Deletions:

- Hot Dog measure
- Baked Goods measure
- Frozen Dinners measure
- Baked Chips measure

## Project Description

Child Health Initiative for Lifelong Eating & Exercise (CHILE) Food Source: The Nutrition Environment Measures Survey (NEMS) will be used to assess the availability, pricing and shelf labeling of foods in the local environment. Major categories of foods and foods that have been targeted for change in the CHILE project have been included in this instrument. Grocery stores and convenience stores in the Head Start Communities will be surveyed for these items.

## Documents Included

1. NEMS-S measures
2. Survey Instructions
3. Child Health Initiative for Lifelong Eating & Exercise (CHILE) Food Source Nutrition Environment Measurement Survey (NEMS) Manual of Procedures (MOP)

**Nutrition Environment Measures Survey (NEMS)  
Measure #1: MILK**

Rater ID:

Store ID:   -  -

Date:   /   /    
Month Day Year

Grocery Store     Convenience Store     Other

**Marking Instructions**

Please use a pencil or blue or black ink    Correct     Incorrect

**A. Reference Brand**

1. Store brand (preferred)                       yes     no

2. Alternate Brand Name

Comments: \_\_\_\_\_

**B.**

**Availability**

Comments:

1.    a. Is low-fat (skim or 1%) available?             Yes     No  
       b. If not, is 2% available?                       Yes     No     NA
2.    **Labeling:** Is low-fat (skim or 1%) labeled?     Yes     No  
       Is 2% or whole milk labeled?                 Yes     No

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**2. Shelf Space:** (measure only if low fat milk is available)

Type	Pint	Quart	Half gallon	Gallon
a. Skim	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>
b. 1%	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>
c. Whole	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>

**C. Pricing:** All items should be same brand

Comments:

1. Whole milk, quart                      \$   .
2. Whole milk, half-gal.                 \$   .
3. Skim or 1% milk, quart                \$   .    
 (Lowest available)
4. Skim or 1% milk half-gal.            \$   .    
 (Lowest available)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Alternate Items:

5. 2%, quart                                 \$   .       N/A

\_\_\_\_\_

6.2%, half gal.

\$  .  |   N/A

\_\_\_\_\_