

Restaurant ID _____

Rater ID _____

- Community**
- Lacey
 - Olympia
 - Tumwater
 - Rochester
 - Rainier
 - Tenino
 - Yelm
 - Other, _____

- Type of Food**
- American
 - Asian
 - Caribbean
 - French
 - Greek
 - Indian
 - Italian
 - Mediterranean
 - Mexican
 - Vegetarian
 - Other _____

- Main Menu Items**
- BBQ
 - Burgers
 - Burritos/Tacos
 - Chicken
 - Deli
 - Donuts/Pastries
 - Pasta
 - Pizza
 - Seafood
 - Subs
 - Other _____

Today is _____

- Month**
- April
 - May

- Day of Week**
- Monday
 - Tuesday
 - Wednesday
 - Thursday
 - Friday

Start Time _____ (Hour and Minute)

End Time _____ (Hour and Minute)

Located inside or in combination with another store. Yes No

A. Restaurant Characteristics

Present at Restaurant

- 1. Sit-Down Area** Yes, Inside No, STOP SURVEY
 Yes, Outside
-

- 2. Drive Thru** Yes No

3. Children's Area:

- a. Playground/climbing toys** Yes No Not sure
b. Game/party room Yes No Not sure

- 4. High Chairs/Booster Seats** Yes No Not sure
-

Operation of Restaurant

5. Days of Operation

- Monday – Sunday Monday Not sure
 Monday – Saturday Tuesday
 Wednesday
 Thursday
 Friday
 Saturday
 Sunday

6. General Hours of Operation

- On most days, the restaurant is open for: Breakfast (5am-11am) Not sure
 Lunch (11am-4pm)
 Dinner (4pm-10pm)
 Open 24 hours a day
 Other, _____

B. Children's Menu

1. Children's menu/kids food items on board. Yes No, STOP SURVEY

2. Children's menu age limit listed. Yes, _____ No

C. Children's Meals

Composition (Children's Menu)

1. How many CHILD/KID entrees are listed on the menu board.

a. Breakfast. 0 1 2 3+

b. Lunch/Dinner. 0 1 2 3+

2. Side included. Yes Sometimes No Not sure

3. Drink included. Yes Sometimes No Not sure

4. Dessert included. Yes Sometimes No Not sure
(e.g. automatic or redemption)

If yes, is it **unhealthy**. Yes No Not sure (describe below)

Not sure, _____

D. Healthy Options

Entrées (Children's Menu)

1. Any healthy entrées. Yes No Not sure (describe below)

Guidelines

- ~ Do NOT count entrées as healthy, if labeled as healthy or better for you.
- ~ Fried is NOT healthy. Unless noted, fish and chicken should be considered fried.
- ~ Anything with cheese, mayonnaise, butter or cream sauce as a significant ingredient is NOT healthy (e.g. macaroni & cheese, ravioli, cheese enchilada, pizza).
- ~ Anything with red meat is NOT healthy (e.g. hamburger, taco, burrito, hot dog), UNLESS the meat is described as 'lean'.
- ~ Grilled, baked or broiled ARE considered healthy, even if prepared in sauce.
- ~ Beans and rice (including burritos or soft tacos) ARE healthy, UNLESS protein source does not fit above (e.g. combination burrito).
- ~ Green salads ARE healthy regardless of dressing, UNLESS protein source does not fit above (e.g. salad with fried chicken).
- ~ Peanut butter and jelly sandwich IS considered healthy.

If NOT SURE whether an entrée is healthy, describe below:

2. Range of healthy entrees

Breakfast	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3+
Lunch/Dinner	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3+

Observations or Comments

Beverages (Children's Menu)

2. Is pop/soda/juice drink the assigned beverage. Yes No Not sure
(e.g. cola, lemonade, punch, orange drink)

If no:

What is the assigned beverage (only 1 beverage should be listed).

- 100% Juice Other, _____
- Milk
- Water

3. Is 100% juice a beverage option. Yes No Not sure

a. Is orange juice an option. Yes No Not sure

4. Is milk a beverage option. Yes No Not sure

If yes:

a. 1% or non-fat (skim) milk available. Yes No Not sure
(yes, if described as lowfat)

b. 2% milk available. Yes No Not sure

c. Milk flavor available. Regular Flavored Not sure

5. Is water a beverage option. Yes No Not sure
(e.g. bottled or at soda dispenser)

Observations or Comments

Sides (Children's Menu)

6. Is an **unhealthy side assigned**. Yes No Not sure (describe below)
(e.g. french fries, regular chips)

If NOT SURE, describe side(s): _____

7. Is fruit available as a side. Yes No Not sure

If yes:

With added sugar. Yes No Not sure
(e.g. caramel, sweetened)

8. Are vegetables available as a side. Yes No Not sure
(do not include potatoes or fried vegetables)

If yes:

With added sauce. Yes No Not sure
(e.g. ranch, cheese, butter)

9. Is yogurt available as a side. Yes No Not sure

If yes:

Light. Yes No Not sure

List any other healthy or possibly healthy sides:

E. Whole Grain

1. Any children's entrées or sides include 100% whole grain product.
(e.g. bun, pasta, rice)

Yes No Not sure

F. Cost of Healthy Options

Substitutions (Children's Menu)

2. Does it cost more to select a healthy beverage over an unhealthy one.

Yes Sometimes No Not sure

3. Does it cost more to select a healthy side over an unhealthy one.

Yes Sometimes No Not sure

3. Menu board encourages healthy requests (proactive).
(e.g. sides include an 'Or' statement)

Yes No

Observations or Comments

G. Labeling

-
1. **ANY nutrition information on the menu board.** Yes No
(e.g. calories, sodium)

If yes:

Nutrition information for ANY children's menu items. Yes No



2. **ANY nutrition information posted near point-of-sale (where ordering or waiting to order).**
(e.g. wall poster, counter brochure)

Yes No

If yes:

Nutrition information for ANY children's menu items. Yes No

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3. **ANY menu items labeled or marked as healthier (does not mean they are).**
(e.g. heart symbol, ☺)

Yes No

- a. **ANY children's menu items labeled or marked as healthier.** Yes No
(e.g. heart symbol, ☺)

If yes:

Entrée Beverage Side Other, _____

4. **ANY menu board notations encourage larger portion size.** Yes No
(e.g. low cost for next size up or adding extra food)

Observations or Comments

H. Promotion (Inside)

1. Do signs, table tents, or displays highlight healthy menu items.
(e.g. featured products)

Many Some None

2. Do signs, table tents, or displays highlight healthy eating.
(e.g. balanced meal)

Many Some None

3. Do signs, table tents, or displays connect menu items to a healthy lifestyle.
(e.g. physical activity, does not need to include images of food)

Many Some None

4. Do signs, table tents, or displays promote unhealthy menu items.
(e.g. fried foods)

Many Some None

5. Do signs, table tents, or displays promote unhealthy substitutions or condiments.
(e.g. adding cheese, butter)

Many Some None

Observations or Comments

For more information about this tool or the project contact:

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