

**Nutrition Environment Modified Measures Survey (NEMMS)
CAMPUS DINING MEASURES—DATA COLLECTION**

Dining Type ID: ---
 Rater Name:

Date: / /
 Month / Day / Year

1) **Type of Dining:** Code # # # # (for food court dining areas)

2) Data Sources:	Site Visit/Observation	Take-Away Options	Internet	Interview
	<input type="radio"/> yes <input type="radio"/> no	<input type="radio"/> yes <input type="radio"/> no	<input type="radio"/> yes <input type="radio"/> no	<input type="radio"/> yes <input type="radio"/> no

3) Site Visit Information:
 Take-away menu yes no
 Nutrition Information yes no
 Other: yes no
 Other: yes no
 Comments: _____

4) Take-Away Menu Features:
 Nutrition Information yes no
 Identification of Healthier menu items yes no
 Other: yes no
 Other: yes no
 Comments: _____

5) Internet Site Features:
 Menu yes no
 Nutrition Information yes no
 Identification of Healthier menu items yes no
 Other: yes no
 Web Site URL: _____
 Comments: _____

6) Interview Information:
 Menu Options yes no
 Pricing yes no
 Other: yes no
 Comments (describe items above) _____

7) Hours of operation:
Sunday open closed
 B: __:00-__:00 am
 L: __:00 am-__:00 pm
 D: __:00 pm to Close
: AM PM

Thursday open closed
 B: __:00-__:00 am
 L: __:00 am-__:00 pm
 D: __:00 pm to Close
: AM PM

Friday open closed
 B: __:00-__:00 am
 L: __:00 am-__:00 pm
 D: __:00 pm to Close
: AM PM

Saturday open closed
 B: __:00-__:00 am
 L: __:00 am-__:00 pm
 D: __:00 pm to Close
: AM PM

Data Source(s): Site Menu Web

open 24 Hours (If 24 hour, leave *Hours of Operations* section blank)

8) Access:

- Must pay to enter Free entrance Open to dorm students and guests only

9) Size of Dining Hall:

- Seating capacity =

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 OR Number of tables =

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Comments: _____

Comments: _____

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Dining Hall ID: ---

Date: //
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Site Visit (Observation)

	Select One	Comments
10) Dining Hall has a salad bar	<input type="radio"/> yes <input type="radio"/> no	_____
Number of fresh, unprocessed vegetables	_____	_____
Number of fresh, unprocessed fruits	_____	_____
Number of low-fat protein sources (undressed beans, fish, poultry, tofu)	_____	_____
Number of low-fat/fat free salad dressings	_____	_____

11) Signage/Promotions

a. Is nutrition information posted near point-of-purchase, or available in a brochure?	<input type="radio"/> yes <input type="radio"/> no	_____
b. Do signs/table tents/displays highlight healthy menu options?	<input type="radio"/> yes <input type="radio"/> no	_____
c. Do signs/table tents/displays encourage healthy eating?	<input type="radio"/> yes <input type="radio"/> no	_____
d. Do signs/table tents/displays encourage unhealthy eating?	<input type="radio"/> yes <input type="radio"/> no	_____
e. Do signs/table tents/displays encourage overeating (all-you-can-eat, super-size, jumbo, grande, supreme, king size, feast descriptors on menu or signage)?	<input type="radio"/> yes <input type="radio"/> no	_____
f. Are there labeled vegetarian/vegan choices?	<input type="radio"/> yes <input type="radio"/> no	_____
g. Other? _____	<input type="radio"/> yes <input type="radio"/> no	_____

Site visit

12) a. Chips	<input type="radio"/> yes <input type="radio"/> no	_____
b. Baked chips	<input type="radio"/> yes <input type="radio"/> no	_____
13) a. 100% wheat or whole grain bread	<input type="radio"/> yes <input type="radio"/> no	_____
b. number of whole grain items ($\geq 50\%$ - brown rice, quinoa, WW bagels, pizza, etc.)	_____	_____
14) 100% fruit juice	<input type="radio"/> yes <input type="radio"/> no	_____

Number of labeled 100% juices _____

Comments

15) 1% Low-fat, skim, or non-fat milk

yes no

16) Low-fat (<3gms fat/serving) milk alternatives (soy, rice, etc)

yes no

17) Number of cereals

18) Number of healthy cereals (≤ 7 grams sugar and/or ≥ 4 grams fiber)

19) Was cereal nutrition information available at point of purchase (POP) or on the website?

POP

Website

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Menu Review

Select One

Choices (#)

Comments

20) Main Dishes/Entrees:

yes

#

a. Total # Main Dishes/Entrees

no

b. Healthy Options

yes

no

21) Main dish salads:

a. Total # Main dish salads

yes

no

b. Healthy Options

yes

no

c. Low-fat or fat free salad dressings

yes

no

22) Fruit (w/out sugar) (outside of salad bar)	<input type="radio"/> yes	<input type="text"/>	_____
	<input type="radio"/> no		
23) Non-fried vegetables (w/out sauce) (outside of salad bar)	<input type="radio"/> yes	<input type="text"/>	_____
	<input type="radio"/> no		
24) Diet soda	<input type="radio"/> yes	<input type="text"/>	_____
	<input type="radio"/> no		
25) Other healthy or low calorie beverage?	<input type="radio"/> yes	<input type="text"/>	_____
	<input type="radio"/> no		

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Facilitators and Supports	Select One	Comments
26) a. Nutrition information on menu (paper or posted menu)	<input type="radio"/> yes <input type="radio"/> no	_____ _____
b. Healthy entrees identified on menu or posted signs	<input type="radio"/> yes <input type="radio"/> no	_____ _____
c. Reduced-size portions offered on menu or posted signs	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> standard	_____ _____
d. Menu or sign notations that encourage healthy requests	<input type="radio"/> yes <input type="radio"/> no	_____ _____

e. Other? _____ yes no _____

27) Barriers

a. Large portion sizes encouraged? yes no _____
Self serve? yes no _____

b. Signs that discourage special requests yes no _____
(e.g *No substitutions*) _____

c. All-you-can-eat or “Unlimited trips” yes no _____

d. Other? _____ yes no _____

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28) Pricing

a. By contract (dining halls) yes _____
 no _____

b. By the meal (one price to get in and eat) yes _____
 no _____

c. By the item (pay for what you get) yes _____
 no _____

d. Sum of individual items compared to combo meal

- more less
- same NA

e. Healthy entrees compared to regular ones

- more less
- same NA

f. Charged for shared entrée?

- yes
- no

g. Smaller portion compared to regular portion
(If 26c is No or Standard then mark N/A.)

- yes NA
- no

h. Salad bar priced by the pound

- yes
- no NA

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