

NEMS Scoring Sheet for Stores

Store:

Item	Availability of Healthier Item	Avail Total Points	Price	Price Total Points	Quality	Quality Total Points
Milk	YES low-fat/skim = 2 pts		*Lower for lowest-fat = 2 pts			
	Proportion (lowest-fat to whole) \geq 50% = 1 pt		Same for both = 1 pt Higher for low-fat = -1 pt			
Fruits	0 varieties = 0 pts < 5 varieties = 1 pt 5-9 varieties = 2 pts 10 varieties = 3 pts				25-49% acceptable = 1 pt 50-74% acceptable = 2 pts 75%+ acceptable = 3 pts	
Vegetables	0 varieties = 0 pts < 5 varieties = 1 pt 5-9 varieties = 2 pts 10 varieties = 3 pts				25-49% acceptable = 1 pt 50-74% acceptable = 2 pts 75%+ acceptable = 3 pts	
Ground Beef	YES lean meat = 2 pts		Lower for lean meat = 2 pts			
	2-3 varieties \leq 10% fat = 1 pt > 3 varieties \leq 10% fat = 2 pts		Higher for lean meat = -1 pt			
Hot dogs	YES fat-free = 2 pts		Lower for fat-free or light = 2 pts			
	Light, not fat-free = 1pt		Higher for fat-free or light = -1 pt			
Frozen dinners	YES all 3 reduced-fat types = 3 pts		**Lower for reduced-fat = 2 pts			
	YES 1 or 2 reduced-fat types = 2 pts		Higher for reduced-fat = -1 pt			
Baked goods	YES low-fat items = 2 pts		Lower for low-fat (per piece) = 2 pts			
			Higher for low-fat (per piece) = -1 pt			
Beverages	YES diet soda = 1 pt		Lower for diet soda = 2 pts			
	YES 100% juice = 1 pt		Higher for 100% juice = -1 pt			
Bread	YES whole grain bread = 2 pts		Lower for whole wheat = 2 pts			
	>2 varieties whole wheat bread = 1 pt		Higher for whole wheat = -1 pt			
Baked chips	YES baked chips = 2 pts		***Lower for baked chips = 2 pts			
	> 2 varieties baked chips = 1 pt		Higher for baked chips = -1 pt			
Cereal	YES healthier cereal = 2 pts		***Lower for healthier cereal = 2 pts			
			Higher for healthier cereal = -1 pt			
Availability Subtotal=			Price Subtotal=		Quality Subtotal=	
Total NEMS Store Score =						

*Lowest-fat being low-fat or skim; not 2%
 ** Based on majority of frozen food items
 ***Per box or bag, not price per ounce

Ranges- Availability Subtotal: 0 to 30 Price Subtotal: -9 to 18 Quality Subtotal: 0 to 6
TOTAL NEMS SCORE RANGE: -9 to 54