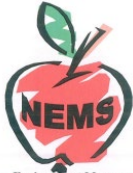


Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)

Cover Page



Nutrition Environment Measures Survey

Rater ID:

Store ID: ---  
Month Day Year

Date: //

Start time: :  am  pm

End time: :  am  pm

Number of cash registers:  1  2  3+

General Store Comments: \_\_\_\_\_

How much of the store space is for FOOD?

Low (less than 25%)  Moderate (25-50%)  Most (>50%)

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Measure Complete

**Nutrition Environment Measures Survey Corner Stores (NEMS-CS)  
Measure #1: MILK**

Rater ID:

Store ID:   -  -

Date:   /   /

Month Day Year

**Is MILK (any size or brand) sold at this store?**  Yes  No

**A. Availability**

**Availability**

1. What is the lowest fat milk available  Skim  1%  2%  N/A

**B. Reference Brand (brand with the most shelf space)**

1. Reference Brand Name

Comments: \_\_\_\_\_

**2. Shelf Space:**

Type	Pint	Quart	Half gallon	Gallon
a. Lowest Fat Milk	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
b. Whole	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**C. Pricing: All items should be same brand**

Comments:

1. Whole milk, pint \$  .

\_\_\_\_\_

2. Whole milk, quart \$  .

\_\_\_\_\_

3. Whole milk, half gal \$  .

\_\_\_\_\_

4. Lowest Fat Milk, pint \$  .

\_\_\_\_\_

5. Lowest Fat Milk, quart \$  .

\_\_\_\_\_

6. Lowest Fat Milk, half-gal. \$  .

\_\_\_\_\_

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #2: FRUIT**

Rater ID:

Store ID:

Date:     
Month Day Year

Is FRUIT sold at this store?  Yes  No

**Availability and Price**

Produce Item	Available		Price	Unit			Quality		Comments
	Yes	No		#	pc	lb	A	UA	
<b>1. Bananas</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
<b>2. Apples</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Red delicious	<input type="radio"/>							_____
	<input type="radio"/> _____								_____
<b>3. Oranges</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Navel								_____
	<input type="radio"/> _____								_____
<b>4. Grapes</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Red Seedless								_____
	<input type="radio"/> _____								_____
<b>5. Cantaloupe</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
<b>6. Peaches</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
<b>7. Strawberries</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
<b>8. Honeydew Melon</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
<b>9. Watermelon</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Seedless								_____
	<input type="radio"/> _____								_____
<b>10. Pears</b>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Anjou								_____
	<input type="radio"/> _____								_____

**11. Total Types:** (count # of yes responses)

**12. Are other fresh fruits available?**  Yes  No

**13. If yes, what other types of fruits are available?** \_\_\_\_\_



**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #4: VEGETABLES**

Rater ID:

Store ID: ---

Date: / /   
Month Day Year

Are VEGETABLES sold at this store?  Yes  No

**Availability and Price**

Produce Item		Available		Price	Unit	Quality		Comments
		Yes	No			A	UA	
1. Carrots	<input type="radio"/> 1 lb bag	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
2. Tomatoes	<input type="radio"/> Loose	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
3. Sweet Peppers	<input type="radio"/> Green bell	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
4. Broccoli	<input type="radio"/> Bunch	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
5. Lettuce	<input type="radio"/> Green leaf	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
6. Corn		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	_____							_____
7. Celery		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	_____							_____
8. Cucumbers	<input type="radio"/> Regular	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
9. Cabbage	<input type="radio"/> Head	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> _____							_____
10. Cauliflower		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	<input type="text"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____

11. Total Types: (count # of yes responses)

12. Are other fresh vegetables available?  Yes  No

13. If yes, what other types of vegetables are available? \_\_\_\_\_

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #5: FROZEN & CANNED VEGETABLES**

Rater ID:

Store ID: ---

**Availability & Price**

**A. Frozen Vegetables (in water/without sauce)**

	Available		Price/pkg	# oz/pkg	Comments
	Yes	No			

1. Are frozen vegetables available?  Yes  No

**Regular Option:**

1. Spinach  Yes  No \$ .  \_\_\_\_\_

Alternate Item:	Yes	No	N/A	Price/pkg	# oz/pkg	Comments
-----------------	-----	----	-----	-----------	----------	----------

2.   Yes  No  N/A \$ .  \_\_\_\_\_

3. # of varieties of frozen vegetables (in water/without sauce)  0  1  2  3  4  5  6+

**B. Canned Vegetables (in water/without sauce)**

	Available		Price/can	# oz/can	Comments
	Yes	No			

1. Are canned vegetables available?  Yes  No

**Regular Option:**

1. Green Beans  Yes  No \$ .    \_\_\_\_\_

Alternate Item:	Yes	No	N/A	Price/can	# oz/can	Comments
-----------------	-----	----	-----	-----------	----------	----------

2.   Yes  No  N/A \$ .    \_\_\_\_\_

3. # of varieties of canned vegetables (in water/without sauce)  0  1  2  3  4  5  6+

4. # of varieties that meet low sodium criteria (<200mg/serving)  0  1  2  3  4  5  6+

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #6: GROUND BEEF**

Rater ID:

Store ID: ---

Date: / /   
Month Day Year

Is GROUND BEEF sold at this store?     Yes    No

**Availability and Price**

Item	Available			Price/lb.	Comments
	Yes	No	N/A		

**Healthier Option:**

1. Lean ground beef, **90% lean, 10% fat** (Ground Sirloin)                                             \$  .  \_\_\_\_\_  
 \_\_\_\_\_

**Alternate Items:**                      Yes No N/A

2. Lean ground beef (<10% fat)                                              \$  .  \_\_\_\_\_  
 % fat                      \_\_\_\_\_

3. Ground Turkey (≤ 10% fat)                                              \$  .  \_\_\_\_\_  
 % fat                      \_\_\_\_\_

4. # of varieties of lean ground beef (≤ 10% fat)                       0     1     2     3     4     5     6+

**Regular option:**

5. Standard ground beef, **80% lean, 20% fat**                                             \$  .  \_\_\_\_\_  
 \_\_\_\_\_

**Alternate Item:**                      Yes No N/A

6. Standard alternate ground beef, if above is not available                                              \$  .  \_\_\_\_\_  
 % fat                      \_\_\_\_\_

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #7: HOT DOG**

Rater ID:

Store ID: ---

Date: / /   
Month Day Year

Are **HOT DOGS** sold at this store?  Yes  No

**Availability and Price**

Item	Available	Price/pkg	Comments
Yes No N/A			

**Healthier Option:**

1. Oscar Mayer 98% Fat-free Wieners (turkey/beef) 0.5g fat  Yes  No \$ .  \_\_\_\_\_

**Alternate Items: (≤ 9 g Fat)**

2. Fat-free other brand 0.5g fat  Yes  No  N/A \$ .   
 Brand name  Kcal/svg \_\_\_\_\_

3. Light Wieners (turkey/pork)  Yes  No  N/A \$ .  \_\_\_\_\_

4. Light beef Franks, (about 1/3 less calories 50% less fat)  Yes  No  N/A \$ .  \_\_\_\_\_

5. Turkey Wieners (about 1/3 less fat)  Yes  No  N/A \$ .  \_\_\_\_\_

6. Other  Yes  No  N/A \$ .   
 oz pkg  Hot dogs/pkg  
 g fat  kcal/svg  
 \_\_\_\_\_

**Regular option:**

7. Oscar Mayer Wieners (turkey/pork/chicken)-regular 12g fat  Yes  No \$ .

**Alternate Items: (≥ 10g fat)**

8. Beef Franks (regular) 13 g fat  Yes  No  N/A \$ .

9. Other

Yes  No  N/A \$ .   
 oz pkg  Hot dogs/pkg  
 g fat  kcal/svg



**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #8: FROZEN DINNERS**

Rater ID:

Store ID: ---

Date: / /   
Month Day Year

Are FROZEN DINNERS sold at this store?  Yes  No

**A. Reference Brand**

1. Stouffer's brand (preferred)  Yes  No

2. Alternate brand (with reduced-fat dinners available) Brand Name:

Comments: \_\_\_\_\_

**B. Availability**

1. Are reduced-fat frozen dinners available? ( $\leq 9$  g fat/8-11 oz.)  Yes  No

**Shelf Space:** (measure only if reduced-fat frozen dinners are available)

2. Reduced-fat dinners/regular dinners: Proportion   $\leq 10\%$   11-33%  34-50%  51%+

**C. Pricing** (All items must be same brand)

**Reduced-Fat Dinner**

1. Lean Cuisine **Lasagna**

**oz./Pkg**      **Price/Pkg**  
      \$  .

2. Lean Cuisine **Roasted Turkey Breast**

**oz./Pkg**      **Price/Pkg**  
      \$  .

3. Lean Cuisine **Meatloaf**

**oz./Pkg**      **Price/Pkg**  
      \$  .

**Regular Dinner**

Stouffer's **Lasagna**

**oz./Pkg**      **Price/Pkg**  
      \$  .

Stouffer's **Roasted Turkey Breast**

**oz./Pkg**      **Price/Pkg**  
      \$  .

Stouffer's **Meatloaf**

**oz./Pkg**      **Price/Pkg**  
      \$  .

**Reduced-Fat Alternate ( $\leq 9$  g fat) Price/Pkg**

4. Other \_\_\_\_\_ \$  .

oz  K cal.  g fat

5. Other \_\_\_\_\_ \$  .

oz  K cal.  g fat

6. Other \_\_\_\_\_ \$  .

oz  K cal.  g fat

**Regular Alternate ( $\geq 10$ g fat) Price/Pkg Comments**

Other \_\_\_\_\_ \$  .

oz  K cal.  g fat

Other \_\_\_\_\_ \$  .

oz  K cal.  g fat

Other \_\_\_\_\_ \$  .

oz  K cal.  g fat

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)**

**Measure #9: BAKED GOODS**

Rater ID:

Store ID: ---

Date:        
 Month Day Year

Are BAKED GOODS (excluding bread) sold at this store?  Yes  No

**Availability & Price**

Low-fat baked goods  $\leq 3g$  fat/serving

Item	Available		Amt. per per item	g fat/ per item	kcal/	Price	Comments
	Yes	No					

**Healthier option:**

1. Bagel

Single  Yes  No  N/A     \$

Package  Yes  No  N/A     \$

**Alternate Items:**

2. English muffin  Yes  No  N/A     \$

3. a. Low-fat muffin  Yes  No  N/A     \$

b. # varieties of low fat muffins  0  1  2  3+

**Regular option (>3g fat/serving or 400 Kcal/serving):**

4. Regular muffin  Yes  No     \$

5. Regular Danish  Yes  No  N/A     \$

6. Other  Yes  No  N/A     \$

Measure Complete

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)**

**Measure #10-CS-BEVERAGE**

Rater ID:

Store ID: ---

Date: / /   
Month Day Year

**Availability & Price**

<b>Healthier option:</b>		<b>Available</b>			<b>Price</b>	<b>Comments</b>
<b>Yes No</b>						
1. Diet Coke		12 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	_____
20 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>			_____
<b>2. Alternate brand of diet soda</b>						
<b>Yes No N/A</b>						
<input type="text"/>		12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____
<input type="text"/>		20 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____

<b>Regular option:</b>		<b>Yes No</b>				
3. Coke		12 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	_____
20 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>			_____
<b>4. Alternate brand of sugared soda</b>						
<b>Yes No N/A</b>						
<input type="text"/>		12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____
<input type="text"/>		20 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____

<b>Healthier option:</b>		<b>Yes No</b>				
5. 100% juice, 15.2 oz.			<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	_____
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other			<input type="radio"/>	<input type="radio"/>		

<b>Alternate Items:</b>		<b>Yes No N/A</b>				
<b>6. 100% juice, 14 oz.</b>						
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____
<b>7. 100% juice, ____ oz.</b>						
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____

<b>Regular option:</b>		<b>Yes No</b>				
8. Juice Drink, 15.2 oz			<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/>	_____
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other			<input type="radio"/>	<input type="radio"/>		

<b>Alternate Items:</b>		<b>Yes No N/A</b>				
<b>9. Juice Drink, 14 oz.</b>						
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____
<b>10. Juice Drink, ____ oz.</b>						
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> . <input type="text"/> _____

**Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #10-CS-BEVERAGE**

11. Is bottled water available?  Yes  No

12. Are non-carbonated, zero or low calorie drinks available?

Yes  No

13. If yes, what types of non-carbonated, zero or low calorie drinks are available?

---

14. # of varieties of non-carbonated, zero or low calorie drinks available

0  1  2  3  4  5  6+

Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #11: BREAD

Rater ID:

Store ID: ---

Date: / /   
Month Day Year

Is BREAD (in loaves) sold at this store?  Yes  No

Availability & Price

Item	Available			Loaf size	Price/loaf	Comments
Yes No N/A (ounces)						

Healthier Option: Whole grain bread (100% whole wheat bread and whole grain bread)

1. Stroehmann Dutch Country  
100% Whole Wheat Bread       Yes  No            \$. \_\_\_\_\_

Alternate Items:

2. Sara Lee Classic  
100% Whole Wheat Bread       Yes  No  N/A            \$. \_\_\_\_\_

3. Other:      Yes No N/A  
                    \$. \_\_\_\_\_

4. # of varieties of 100% whole wheat bread  
and whole grain (all brands)       0     1     2     3     4     5     6+

Regular Option: White bread (bread made with refined flour)

5. Stroehmann - King Enriched White       Yes  No            \$. \_\_\_\_\_

Alternate Items:

6. Sara Lee Classic White Bread      Yes No N/A            \$. \_\_\_\_\_

7. Other:      Yes No N/A  
                    \$. \_\_\_\_\_

Measure Complete

Nutrition Environment Measures Survey - Corner Stores (NEMS-CS)  
Measure #12: BAKED CHIPS and SNACKS

Rater ID:

Store ID: ---



Date:     
 Month Day Year

Is CEREAL sold at this store?  Yes  No

**Availability & Price**

Healthier cereals < 7 g sugar per serving

Available Item	Size		Price N/A	Comments (ounces)
	Yes	No		

**Healthier Option:**

1. Cheerios (Plain)     \$   \_\_\_\_\_

**Alternate Item:**

	Yes	No	N/A	
2. Other _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> \$ <input type="text"/> <input type="text"/> _____

3. # of varieties of healthier cereals  0  1  2  3+

**Regular Options (≥7g of sugar per serving):**

4. Cheerios (Flavored) \_\_\_\_\_     \$   \_\_\_\_\_

**Alternate Item:**

	Yes	No	N/A	
5. Other _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> \$ <input type="text"/> <input type="text"/> _____