

National Parks Nutrition Environment Survey
SNACK SHOPS

Shop Type:

- Snack shop
- Gift store
- Visitors center
- Cart (ex: hot dog or popcorn cart)
- Specialty shop (ex: ice cream, coffee)
- Other: _____

Rater ID:

Park ID: - -

Snack Shop Name: _____

Snack Shop ID: -

Site Visit:

Date: ____/____/____

Month Day Year

Start Time: :
 AM PM

End Time: :
 AM PM

Comments: _____

**National Parks Nutrition Environment Survey
SNACK SHOPS—DATA COLLECTION**

Park ID: - **Snack Shop ID:** **Date:** / / **Rater ID:**
Month / Day / Year

1) Data Sources (check all that apply):

- site visit
- menu
- internet

2) Hours of operation:

Weekday open closed

Weekend open closed

Opening time*:

: AM PM

Opening time*:

: AM PM

*If snack shop opens/closes multiple times per day, please list first opening time and last closing time (see protocol for details)

Closing time*:

: AM PM

Closing time*:

: AM PM

- Open 24 hours** (If open 24 hours, leave *Hours of Operations section* blank)
- Hours not listed**

3) Access:

- car
- foot only

4) Seating available?

- yes
- no

Number of tables =

5) Operated by:

- Large food vendor
- Small business owner
- I don't know

Name of food vendor, if known: _____

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Promotion	Select One	Comments
1) a. Is nutrition information for items available?	<input type="radio"/> yes <input type="radio"/> no	_____
b. Are healthy items identified on menu or brochure with icons or labels?	<input type="radio"/> yes <input type="radio"/> no	_____
c. Do signs/table tents/displays highlight healthy menu or shop options?	<input type="radio"/> yes <input type="radio"/> no	_____
d. Do signs/table tents/displays promote healthy eating?	<input type="radio"/> yes <input type="radio"/> no	_____
e. Do signs/table tents/displays promote unhealthy eating?	<input type="radio"/> yes <input type="radio"/> no	_____
f. Do signs/table tents/displays promote overeating (all-you-can-eat, super-size, jumbo, grande, supreme, king size, feast descriptors on menu or signage)?	<input type="radio"/> yes <input type="radio"/> no	_____
g. Do signs/table tents/displays promote water consumption?	<input type="radio"/> yes <input type="radio"/> no	_____
h. Do signs/table tents/displays promote free refills on <u>sugar</u> -sweetened beverages?	<input type="radio"/> yes <input type="radio"/> no	_____
Do signs/table tents/displays promote free refills on <u>diet</u> (artificially sweetened) beverages?	<input type="radio"/> yes <input type="radio"/> no	_____
i. Do signs/table tents/displays <u>promote</u> local /regional/or state grown/produced items?	<input type="radio"/> yes <input type="radio"/> no	_____
j. Do signs/table tents/displays <u>promote</u> sustainable farming practices or sustainably produced items?	<input type="radio"/> yes <input type="radio"/> no	_____
k. Do signs/table tents/displays <u>promote</u> organic items?	<input type="radio"/> yes <input type="radio"/> no	_____
l. Do menus <u>identify</u> local /regional/or state grown/produced items with icons or labels?	<input type="radio"/> yes <input type="radio"/> no	_____
m. Do menus <u>identify</u> sustainably farmed/produced items with icons or labels?	<input type="radio"/> yes <input type="radio"/> no	_____
n. Do menus <u>identify</u> organic items with icons or labels?	<input type="radio"/> yes <input type="radio"/> no	_____
o. Other? _____	<input type="radio"/> yes <input type="radio"/> no	_____

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Park ID: -- **Snack Shop ID:** ---- **Date:** // **Rater ID:**
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Beverage Review

- 2) Plain drinking water available? yes no
- a. What sources of **free** water are available? As part of fountain drink station
 Water cooler (e.g. Igloo thermos)
 Filtration device (e.g. small spigot)
 Water pitcher
 Water fountain
 Other (specify: _____)
 None
- b. Is there a **fee** associated with free water (e.g. charge for cup or ice)? yes no N/A
- c. Are sources of free water **operational** at time of scan/survey? yes no N/A
- d. How many **brands** of bottled plain water are available? 0 1-2 3-4 ≥5
- e. Are multiple **sizes** of bottled water available? (e.g. 20 oz and 1 Liter sizes) yes no N/A
- f. Are **reusable water bottles** available for sale/rental? yes no Comments: _____
- g. Price of **bottled water** (20 oz bottle, if possible)? **Brand** _____ **Price** \$. **Bottle size** oz/ml
- h. Price of a **reusable water bottle** (smallest size available)? **Brand** _____ **Price** \$. **Bottle size** oz/ml

- 3) Healthy or low calorie beverage available? yes no
- a. Diet soda yes no **Price** \$. **Bottle/Cup size** oz/ml
- b. Unsweetened tea yes no
- c. Artificially-sweetened flavored waters (≤10cal/8 oz) yes no
- d. Low-calorie sports drink (≤10cal/8 oz) yes no
- e. Low-calorie energy drink (≤10cal/8 oz) yes no

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Beverage Review (continued)

- | | | | | |
|---|---------------------------|--------------------------|---|---|
| f. 100% fruit juice | <input type="radio"/> yes | <input type="radio"/> no | Price \$ <input type="text"/> . <input type="text"/> | Bottle/Cup size <input type="text"/> oz/ml |
| g. 1% Low-fat or non-fat/skim (cow), unflavored | <input type="radio"/> yes | <input type="radio"/> no | | |
| h. Dairy alternative milk (soy, almond, rice), unflavored | <input type="radio"/> yes | <input type="radio"/> no | | |
| i. Coffee | <input type="radio"/> yes | <input type="radio"/> no | | |
| j. Other: _____ | <input type="radio"/> yes | <input type="radio"/> no | | |
| 4) Sugar sweetened beverages available? | <input type="radio"/> yes | <input type="radio"/> no | | |
| a. Soda | <input type="radio"/> yes | <input type="radio"/> no | Price \$ <input type="text"/> . <input type="text"/> | Bottle/Cup size <input type="text"/> oz/ml |
| b. Sweetened tea | <input type="radio"/> yes | <input type="radio"/> no | | |
| c. Sports drink (>10cal/8 oz) | <input type="radio"/> yes | <input type="radio"/> no | | |
| d. Flavored water (>10cal/8 oz) | <input type="radio"/> yes | <input type="radio"/> no | | |
| e. Energy drink (>10cal/8 oz) | <input type="radio"/> yes | <input type="radio"/> no | | |
| f. Juice-flavored drink (not 100% juice) | <input type="radio"/> yes | <input type="radio"/> no | Price \$ <input type="text"/> . <input type="text"/> | Bottle/Cup size <input type="text"/> oz/ml |
| g. Flavored milk (cow) | <input type="radio"/> yes | <input type="radio"/> no | | |
| h. Flavored dairy alternative milk (soy, almond, rice) | <input type="radio"/> yes | <input type="radio"/> no | | |
| i. Coffee drink (syrup/sugar added) | <input type="radio"/> yes | <input type="radio"/> no | | |
| j. Other: _____ | <input type="radio"/> yes | <input type="radio"/> no | | |

Menu Review

	Select One	Choices (#)	Comments
5) Is there a menu in the snack shop?	<input type="radio"/> yes <input type="radio"/> no		_____
6) Main food items:			
a. Total # main food items:	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> N/A	# <input type="text"/>	_____
b. Healthy options:	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> N/A	# <input type="text"/>	_____
7) Main salads:			
a. Total # main salads:	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> N/A	# <input type="text"/>	_____
b. Healthy salad options:	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> N/A	# <input type="text"/>	_____
c. Low-fat/fat-free salad dressings:	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> N/A	# <input type="text"/>	_____

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Menu Review (continued)

8) Is 100% wheat or whole grain bread available? yes no N/A _____

9) Fruits (without added sugar) yes no # choices - _____

10) Non-fried vegetables (without sauce) yes no # choices - _____

11) French fries yes no # choices - _____

Grab and Go items

12) a. Regular chips yes no Size -oz/g Price \$. _____

 b. Baked chips or low-fat pretzels yes no Size -oz/g Price \$. _____

13) a. Candy bar yes no Size -oz/g Price \$. _____

 b. Healthy* granola/energy bar yes no Size -oz/g Price \$. _____

14) Healthy* snack items: # of varieties * Healthy as defined by nutrition criteria in protocol

a. Dried fruit yes no -

b. Trail mix yes no -

c. Nuts yes no -

d. Seeds yes no -

e. Jerky yes no -

f. Low-fat cookies yes no -

g. Bagels yes no -

h. Granola bars yes no -

i. Energy bars yes no -

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Grab and Go (continued)

14 continued) Healthy* snack items: # of varieties

- j. Yogurt yes no
- k. Reduced-fat cheese yes no
- l. Frozen yogurt yes no
- m. Frozen fruit bars (100% fruit) yes no
- n. 100-calorie snack packs yes no
- o. Other: _____ yes no

15) Less healthy* snack items: # of varieties * Less healthy as defined by nutrition criteria in protocol

- a. Fruit snacks (not 100% fruit) yes no
- b. Chips yes no
- c. Snack bars* yes no
- d. Popcorn* yes no
- e. Cookies yes no
- f. Candy (and candy bars) yes no
- g. Ice cream yes no
- h. Frozen desserts yes no
- i. Danish yes no
- j. Muffins yes no
- k. Other: _____ yes no

16) Bulk candy available? # of bins Price per quantity (ex: ounce)

yes no

Price \$. _____

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Pricing

17. Total price of individual items compared to combo meal more less _____
 same NA _____
18. Healthy main items (see Q6b&7b above) compared to less healthy ones more less _____
 same NA _____
19. Healthy snack items (see Q14 above) compared to less healthy ones more less _____
 same NA _____
20. Other? _____ more less _____
 same NA _____